

Food Allergens



1

Gluten

wheat, rye, barley, oats, spelt, kamut or their varieties

2

Crustaceans

Crustaceans and their products

3

Eggs

Eggs and egg products

4

Fish

Fish and fish products

5

Peanuts

Groundnut kernels (peanuts) and products thereof

6

Soya

Soya beans and soya bean products

7

Milk

Milk and milk products (including lactose)

8

Nutmeg fruits

almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, macadamia nuts

9

Celery

Celery and its products

10

Mustard

Mustard and mustard products

11

Sesame

Sesame seeds and products thereof

12

Sulphur dioxide and sulphites

E220, E221, E222, E223, E224, E226, E227, E228

13

Lupin

Lupin and its products

14

Molluscs

Molluscs and their products